

ZOË SHULMAN

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EDUCATION

- 2022 (Currently Pursuing) Master of Art Therapy and Counseling with Psychedelic Studies Certificate** — Southwestern College — Santa Fe, NM —
80 of the 96 required hours have been completed for the Psychedelic Studies Certificate
- 2020 Psychology Studies** — Study.com —
Accredited online college-level courses that include Developmental Psychology, Abnormal Psychology, and an elective psychology course (9 credits)
- 2013 Bachelor of Fine Arts in Painting and Drawing with Art History Minor** —
Minneapolis College of Art and Design — Minneapolis, MN
- 2011 AICAD Mobility: The Burren College of Art** — Ballyvaughan, Ireland —
1-semester study abroad program focusing on artistic development and Irish Studies
- 2009 ARTIS Study Abroad Program** — Florence, Italy —
1-month study abroad program focusing on Drawing and Renaissance Art History
- General Studies, Emphasis on Fine Art** — Texas State University — San Marcos, TX

EXPERIENCE

- 2024 Student Therapist** — Tierra Nueva Counseling Center — Santa Fe, NM
As a current TNCC student therapist, I am developing my supervisory relationship, utilizing art therapy with an individual client, attending weekly clinical staff meetings, and assisting the TNCC Jump Start to Healing group. I am supporting my individual client's healing journey and mastering the clinical procedures of providing informed consent, writing DAP notes, formulating treatment plans, and conducting clinical assessments. Additionally, I am shadowing and will eventually co-facilitate Jump Start with my peers and the Clinical Director, September 2024 — present
- 2022 Front Desk Receptionist** — Tierra Nueva Counseling Center — Santa Fe, NM
I assisted TNCC as a front desk receptionist. Responsibilities included: opening the clinic, greeting clients, responding thoroughly and compassionately to in-person client needs, as well as emails and phone calls; coordinating task and client care details with practicum students, licensed therapists, supervisors, and the Clinical Director; processing client payments and health insurance cards, completing 30-minute phone interviews for client intake (which included mental health assessments such as suicidality), updating client information in the EMR Bear patient intake system,

coordinating communication between staff using Microsoft Teams software, and keeping a clean and organized workspace, November 2022 — March 2023

2020 Legal Assistant — Michael Shulman Attorney at Law — San Marcos, TX

I assisted Attorney Michael Shulman in his private practice handling criminal defense cases in the Hays County criminal justice system. Responsibilities included: reviewing the state's evidence and writing discovery outlines in criminal defense cases (including but not limited to capital murder), assisting in jail visits and advising clients, assisting counsel in court, coordinating with legal team to effectively represent clients through scheduling, preparing and filing motions, and communicating with the District Attorney, January — December 2020

2015 Gallery Artist — Camiba Art Gallery — Austin, TX

I was represented by Camiba Art Gallery for nearly a decade until their recent closure in 2023. During that time, I was included in several group exhibitions and produced three major solo exhibitions titled Zoë Shulman: Circuit Topology, Zoë Shulman: The Allegory of Good and Bad Government, and Zoë Shulman: Neuroplastic, 2015 — 2023

2014 Drawing I Teaching Assistant — Minneapolis College of Art and Design — Minneapolis, MN

I assisted the Fine Art Chair with teaching Drawing I during the 2014 Fall Semester. Responsibilities included: assisting the instructor in teaching students technical skills, discussing content, opportunities, and options; becoming a sounding board for the students' ideas; and offering feedback, September – December 2014

Gallery Assistant — Walker Art Center — Minneapolis, MN

As a Gallery Assistant at the Walker Art Center, my responsibilities included providing security for world-class artworks and excellent customer service by helping patrons navigate the gallery space and assisting with questions regarding artworks and museum events, January – December 2014

2013 Pre-College Summer Session Painting Teaching Assistant —

Minneapolis College of Art and Design — Minneapolis, MN

As a PCSS Teaching Assistant, I assisted students ages 15-18 in the classroom and studio. Specific responsibilities included: assisting the instructor in teaching students technical skills, discussing content, opportunities, and options; becoming a sounding board for the students' ideas; and offering feedback, July 2013, July – August 2014

2012 Student Union Fine Art Representative — Minneapolis College of Art and Design — Minneapolis, MN

I worked with the Student Union to solve problems within the student body and allocate funds for community events, collaborated with the Fine Art Chair to create an online network for the Fine Arts community, helped organize Fine Art Town Hall Meetings and Fine Art Critiques, and represented the student body before the MCAD Board of Trustees, January – December 2012

SKILLS

- Theoretical approaches** — The expressive therapies continuum, psychedelic-assisted therapy, Jungian psychoanalysis, internal family systems, cognitive behavioral therapy, narrative therapy, motivational interviewing (OARS), somatic bodywork (i.e., yogic breathing, body scanning, bottom-up emotional processing, and mindfulness meditation), trauma-informed, and multi-culturally aware
- Office** — Microsoft Office Suite (Word, Excel, PowerPoint, Teams), typing speed: 65 GWAM, EMR Bear client intake system, cash register, ACT Database, promotion and networking including social media (Facebook, Instagram), Adobe Photoshop and Illustrator, digital photography, printing, and lighting for professional artwork documentation
- Fine art** — Oil painting, water based media (acrylic, gouache, watercolor), formal and live figure drawing, Japanese craft (paper making, woodblock printing, bookbinding), intaglio, cyanotype, encaustic, performance, conceptual art
- Workshop** — Welding, woodworking (CNC router, trim router, band saw, table saw, Dremel tool, chop saw, and belt sander), operating a scissor lift

DISCUSSION PANELS, PUBLICATIONS, AND ARTIST TALKS

- 2023 Discussion Panel** — Psychedelic-Assisted Therapy with Psilocybin — Healing and Transformation Conference — Southwestern College — Santa Fe, NM
- 2022 Publication** — Jenny Weinar — Art-Making as Psychedelic Integration and Trauma Resolution — Everyday Nonordinary the Podcast — February 25 —
<https://open.spotify.com/episode/3kXkRFTX1CE0P2QDu0Yw2O>
- 2022 Publication** — Wayne Alan Brenner — Sorcery and Special K: The Neuroplastic Visions of Zoë Shulman — The Austin Chronicle — February 11 — pp. 42 - 43
<https://www.austinchronicle.com/arts/2022-02-11/sorcery-and-special-k-the-neuroplastic-visions-of-zoe-shulman/>
- 2022 Artist Talk** — Zoë Shulman: Neuroplastic — Camiba Gallery — Austin, TX
<https://youtu.be/kuAvYd1C-E?si=jrWnj701S4sWMIma>

SCHOLARSHIPS

- 2024 Scholarship** — Black Elk Visionary Award — Southwestern College
- 2023 Scholarship** — Rudolf Steiner Award — Southwestern College
- 2012 Scholarship** — MCAD Painting/Drawing Merit Scholarship — Minneapolis College of Art and Design
- 2011 Scholarship** — MCAD Painting/Drawing Merit Scholarship — Minneapolis College of Art and Design